

SPORTS

A. Different sports:

On utilise le verbe: "**practise**" pour la majorité

On y joue contre quelqu'un ; Avec 1 balle	+ing implique souvent un déplacement	Sports/Exercices individuels que l'on pratique en groupes	Certains sports sont aussi des verbes
play	go	do	
Rugby Football Volleyball Golf Tennis	Surfing Horse riding Swimming Golfing Cycling Skiing	Gymnastics Athletics Judo Karate Kung Fu Yoga	Box Ride a bike/a horse

B. Who does what?

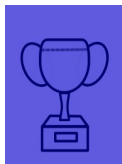
A referee/ An umpire (Un arbitre) > A referee supervises. He may show a yellow or a red card. He may suspend a player for a few minutes. He may send a player off.

A team (Une équipe)
A player (Un joueur)
An athlete (Un athlète)
A coach (Un entraîneur)
The supporters



C. Events

A competition
A tournament (Un tournoi)
A match



D. Where do they take place?

A court (tennis/badminton/basketball/handball/table tennis)
A field/a ground
A pitch (Hockey; Water Polo)
A ring (Boxing)
A track (Athletics, Cycling)
A velodrome (Track cycling)
A course (Mountain Bike race; Canoe; Kayak; Horse-riding; jumping; Rowing)
A piste/strip (Fencing)
A swimming pool (Swimming; Water Polo; Diving)
A podium > The 3 best athletes stand on the podium to receive their medals.

E. Different sports (A-Z list)

Archery

- x An archer (archer) > The archer has a 40-second time limit per arrow.
- x Bow (arc)
- x Arrow > (flèche) The archer shoots an arrow.
- x Target > (cible) The target is placed at a distance of 70 metres.

Athletics

- field events

- x Hammer > (*marteau*) The athletes have to throw the hammer as far as possible.
- x Javelin (*javelot*)
- x Discus throw (*disque*)
- x Long jump > (*saut en longueur*) The athletes try to jump as far forward as they can.
- x Triple jump > (*triple saut*) The athletes try to jump as far forward as they can in 3 jumps.
- x Pole vault > (*saut à la perche*) The athlete mustn't knock the bar out.
- x High jump > (*saut en hauteur*) The athlete can choose to raise the bar.



- track:

race (*course*)

The athlete compete at distances. There are 12 races for both men and women, from 100 metres to 10,000 metres. The athletes must wait for **the starter's gun** to be fired. They run on the **track**. An athlete finishes the **race** when any part of his torso reaches the finish line.

- x the (100 metres) sprint
- x the middle races
- x the long-distance races
- x hurdles (*haies*)
- x steeplechase
- x relays (*relais*)
- x the 50 kilometres road walk



Badminton

- x Racket (*raquette*) > Players use 'rackets'.
- x Shuttle (*volant*) > The shuttle looks a bit like an ice-cream cone.
- x Net (*filet*) > Players have to hit a shuttle over a high net.
- x Badminton court



Baseball

- x Bat (*batte*) > players have to hit a ball.
- x Glove (*gant*)
- x Run > The aim is to score runs.



Basketball

- x Basket (*panier*) > The players have to throw the ball through the basket of the other team = a shot.
- x A shot (*un tir*) > A shot can score between one and three points.
- x Hoop (*cerceau*) > A basket is made up of a metal hoop with a net hanging from it.
- x Dunk (*frapper le ballon dans le cerceau depuis plus haut*) > I can't dunk!
- x Dribbling > Players have to pass and dribble the ball towards the basket.



Ten pin bowling

- x Bowl (*boule*) > A player rolls or throws a bowling ball.
- x Pins (*quilles*) > In indoor bowls, you have to knock over pins.
- x A bowling alley (*un bowling* = lieu)



Boxing

- x Headguard (*protection pour la tête*) > The fighters wear gloves, a headguard, and a mouthpiece to be protected.
- x Glove (*gant*)
- x Mouthpiece (*protège dents*)
- x Boxing boots (*bottines de boxe*)
- x Ring (*ring*) > Boxers fight each other in a ring.
- x Rope (*corde*) > Each corner of the ring are connected by four ropes.



Canoe-Kayak

- x Canoes and kayaks > Two types of boats are used in this sport, canoes and kayaks.
- x Gates (*portes*) > Athletes have to go through different gates.
- x Canoers and kayakers > They either kneel or sit in the boat.
- x Stay afloat (*rester à flot*)

Cricket

A bat



Cycling

- x BMX > BMX bicycles have smaller wheels.
- x Mountain bike (*VTT*) > Can you ride a bike?
- x Track cycling > Track cycling is held in a velodrome.
- x Handle bar+saddle+ pedals + brake (*guidon+selle+pédales+ frein*) > Brakes make the bicycle stop.



Dance

- x Dance practise (*cours de danse*)
- x A dancer
- x A ballerina
- x A dancing costume
- x Ballet
- x Hip hop
- x Folk dance
- x Latin dance > salsa, rumba, tango, ...



Darts

Darts (*fléchettes*) are thrown at a circular target (*cible*) (dartboard) fixed to a wall.



Diving

- x Diver (*plongeur*) > On the platform, divers stand on their feet, or their hands.
- x Diving pool platform > Divers jump from a "springboard", or a 10-metre-high platform.
- x Springboard (*tremplin/plongoir*)

Fencing

- x Fencers (*escrimeur*) > 2 fencers fight against each other.
- x Swords (*épées*) > Three types of sword are used: foil, épée and sabre.
- x A hit > You score a hit when the tip of your sword touches your opponent.
- x Mask (*masque*) > Fencers wear a mask to be protected.



Football/Soccer

- x Player (*joueur*) > Players can use any part of their body except their arms and hands to move the ball.
- x Goalkeeper (*gardien*) > Goalkeepers can use their hands.
- x Score (*marquer*)



Golf

- x Golfer/ player
- x Clubs > Golfers players use many types of clubs to hit balls.
- x Holes (*trous*) > They hit balls into a series of holes on a golf course.



Gymnastics

Artistic gymnastics:

- x Judges (*juges*) > Judges give scores
- x Gymnasts (*gymnastes*) > The gymnast compete on different apparatus (*agrès*): pommel-horse (*cheval d'arçon*); parallel bars/uneven bars (*barres asymétriques*); balance beam (*poutre*); vault (*saut de cheval*)



Trampoline

Rhythmic: This is a women-only event. Gymnasts perform on a floor area (*sol*) with a rope (*corde*), hoop (*cerceau*), ball (*balle*), clubs (*massues*) or ribbon (*ruban*) accompanied by music.

Handball

There are two teams of seven players, and each match is divided into two halves of 30 minutes.

Hockey/ Ice hockey

- x Gear (*équipement*)
- x Stick (*bâton*) > Every player has a hooked stick.
- x Goalkeeper (*gardien*) > Only the goalkeeper can touch the ball with their hands or feet.



Horse-riding

- x A riding cap (*bombé*)
- x A rider (*cavalier*) > The rider guides the horse.



Judo

- x Bout (*combat*) > Each judo bout lasts five minutes.
- x Judoka
- x Judogi (*kimono*) > Judo uniforms are called judogis.
- x Tatami mat > Judokas fight on tatami mat.

Marathon

- x Race (*course*) > The marathon is a road race over 40 kilometers.
- x Finish line (*ligne d'arrivée*) > At the end, runners cross the finish line.
- x Running shoes (*chaussures de course*)



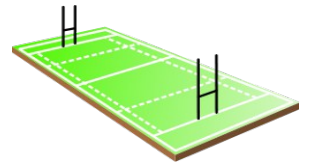
Rowing

- x Rowers (*rameur*) > The rowers race as individuals or in crew.
- x Oars (*rame, aviron*) > The rowers use the oars to push the boat through the water

Rugby

the opposite team (*les adversaires*)
a (forward) pass (*une passe(en avant)*)
a knock-on (*en-avant*)
a try (*essai*)
a conversion (*transformation*)
a drop goal (*drop*)
an up and under (*chandelle*)
a scrum (*mêlée*)
kick-off (*coup d'envoi*)

a tackle (*plaquage*)
forwards (*avants*)
full back (*arrière*)
three quarters (*trois quarts*)
fly-half (*demi d'ouverture*)
props (*piliers*)
flanker (*troisième ligne*)
sustitutes (*remplaçants*)
half-time (*mi-temps*)



Sailing

x Competitors use the power of wind to move their boat.

Shooting

x Shooters > Shooters use three types of firearm (gun): a pistol (or handgun), a rifle or a shotgun. barrel, shotgun; pistol; rifle
x Shots (*coups*) > The shooters have to fire a fixed number of shots in a limited time
x Clay pidgeon > Sometimes a circular disc of clay ("clay pigeon") is thrown into the air by a machine called a "trap".
x Target (*cible*)

Ski

Snooker

x Table > The balls run on a table covered with a green cloth.
x Pockets > Pockets are situated in each of the four corners.
x Ball > You play with 22 snooker balls of different colours.
x Cue (*queue de billiard*) > It is played using a cue.



Synchronized swimming

Swimming

x Swimming cap (*bonnet de natation*)
x Goggles (*lunettes de natation*)
x Swimsuit, tracks (*maillot femme, homme*)
x Lane (*couloir*) > Each swimmer must stay in his lane.
x Strokes (*style de nages*) > Swimmers can use: crawl or freestyle, breaststroke, butterfly and backstroke.

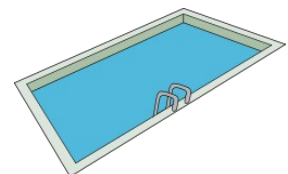


Table tennis

x Table > Table tennis is played on a rectangular table.
x Ball > The players hit the ball with rackets made of wood covered with rubber.



Taekwondo

x Head protectors/Body protectors
x Protective pads > The contestants have to wear protective pads.

Tennis

- x Tennis racket (*raquette*) > Players use a racket to hit a ball
- x Tennis ball
- x Serve (*servir*)
- x Forehand (*coup droit*)
- x Backhand (*revers*)
- x Games and sets (*jeux et sets*) > A match consists of 'games' and 'sets'. A set is a group of games.
- x Umpire (*arbitre/arbitrer*)



Triathlon

The triathlon is a very hard sport. The athletes swim 1,500 metres, then ride their bikes for 40 kilometres before finishing with a 10 kilometre run.

Volleyball and Beach volleyball

- x Net (*filet*) > Volleyball and beach volleyball are played on a court with a net.
- x Sand (*sable*) > Beach volleyball is played outdoors. The court is covered in sand.



Waterpolo

- x Ear guards
- x Cap
- x Sides (*côtés*) > Players must not touch the sides or bottom of the pool.
- x Match > A match lasts eight minutes.

Weightlifting

- x Weight (*poids*) > The athletes have to lift a heavy weight.
- x Gloves
- x Belt



Wrestling

- x Wrestling suit
- x Wrestler (*lutteur*) > A wrestler has to hold his opponent's shoulders to the mat.

Examples of extreme sports ≠ regular sports

People who like adrenaline adventures are called **thrill seekers** or **adrenalin junkies**. They like to push themselves, to test themselves, against the elements, water and air.

Do you think they are intrepid, courageous and/or eccentric?

Aerobatics (*acrobaties aériennes*)

Authoracing (*course automobile*)

BMX biking

Bungee jumping (*saut à l'élastique*)

Canyoning

Caving (*spéléologie*)

Freestyle scootering (*trotinette freestyle*)

Hang gliding (*deltaplane*)

Kitesurfing



Parachuting - skydiving

Paragliding (*parapente*)

Parkour

Rock climbing (*escalade*)

Skateboarding

Surfing

White-water rafting (*rafting*)

Windsurfing (*planche à voile*)

