

SPORTS

A. Different sports:

On utilise le verbe: "*practise*" pour la majorité

On y joue contre quelqu'un ; Avec 1 balle	+ -ing implique souvent un déplacement	Sports/Exercices individuels que l'on pratique en groupes	Certains sports sont aussi des verbes
<i>play</i>	<i>go</i>	<i>do</i>	
Rugby Football Volleyball Golf Tennis	Surfing Horse riding Swimming Golfing Cycling Skiing	Gymnastics Athletics Judo Karate Kung Fu Yoga	Box Ride a bike/a horse

B. Who does what?

A referee/ An umpire (Un arbitre) > A referee supervises. He may show a yellow or a red card. He may suspend a player for a few minutes. He may send a player off.

A team (Une équipe)
A player (Un joueur)
An athlete (Un athlète)
A coach (Un entraîneur)
The supporters



C. Events

A competition
A tournament (Un tournoi)
A match



D. Where do they take place?

A court (tennis/badminton/basketball/handball/table tennis)
A field/a ground
A pitch (Hockey; Water Polo)
A ring (Boxing)
A track (Athletics, Cycling)
A velodrome (Track cycling)
A course (Mountain Bike race; Canoe; Kayak; Horse-riding: jumping; Rowing)
A piste/strip (Fencing)
A swimming pool (Swimming; Water Polo; Diving)
A podium > The 3 best athletes stand on the podium to receive their medals.

E. Different sports (A-Z list)

Archery

- x An archer (archer) > The archer has a 40-second time limit per arrow.
- x Bow (arc)
- x Arrow > (flèche) The archer shoots an arrow.
- x Target > (cible) The target is placed at a distance of 70 metres.

Athletics

- field events

- x Hammer > (*marteau*) The athletes have to throw the hammer as far as possible.
- x Javelin (*javelot*)
- x Discus throw (*disque*)
- x Long jump > (*saut en longueur*) The athletes try to jump as far forward as they can.
- x Triple jump > (*triple saut*) The athletes try to jump as far forward as they can in 3 jumps.
- x Pole vault > (*saut à la perche*) The athlete mustn't knock the bar out.
- x High jump > (*saut en hauteur*) The athlete can choose to raise the bar.



- track:

race (*course*)

The athletes compete at distances. There are 12 races for both men and women, from 100 metres to 10,000 metres. The athletes must wait for **the starter's gun** to be fired. They run on the **track**. An athlete finishes the **race** when any part of his torso reaches the finish line.

- x the (100 metres) sprint
- x the middle races
- x the long-distance races
- x hurdles (*haies*)
- x steeplechase
- x relays (*relais*)
- x the 50 kilometres road walk



Badminton

- x Racket (*raquette*) > Players use 'rackets'.
- x Shuttle (*volant*) > The shuttle looks a bit like an ice-cream cone.
- x Net (*filet*) > Players have to hit a shuttle over a high net.
- x Badminton court



Baseball

- x Bat (*batte*) > players have to hit a ball.
- x Glove (*gant*)
- x Run > The aim is to score runs.



Basketball

- x Basket (*panier*) > The players have to throw the ball through the basket of the other team = a shot.
- x A shot (*un tir*) > A shot can score between one and three points.
- x Hoop (*cerceau*) > A basket is made up of a metal hoop with a net hanging from it.
- x Dunk (*frapper le ballon dans le cerceau depuis plus haut*) > I can't dunk!
- x Dribbling > Players have to pass and dribble the ball towards the basket.



Ten pin bowling

- x Bowl (*boule*) > A player rolls or throws a bowling ball.
- x Pins (*quilles*) > In indoor bowls, you have to knock over pins.
- x A bowling alley (*un bowling* = lieu)



Boxing

- x Headguard (*protection pour la tête*) > The fighters wear gloves, a headguard, and a mouthpiece to be protected.
- x Glove (*gant*)
- x Mouthpiece (*protège dents*)
- x Boxing boots (*bottines de boxe*)
- x Ring (*ring*) > Boxers fight each other in a ring.
- x Rope (*corde*) > Each corner of the ring are connected by four ropes.



Canoe-Kayak

- x Canoes and kayaks > Two types of boats are used in this sport, canoes and kayaks.
- x Gates (*portes*) > Athletes have to go through different gates.
- x Canoers and kayakers > They either kneel or sit in the boat.
- x Stay afloat (*rester à flot*)

Cricket

A bat



Cycling

- x BMX > BMX bicycles have smaller wheels.
- x Mountain bike (*VTT*) > Can you ride a bike?
- x Track cycling > Track cycling is held in a velodrome.
- x Handle bar+saddle+ pedals + brake (*guidon+selle+pédales+ frein*) > Brakes make the bicycle stop.



Dance

- x Dance practise (*cours de danse*)
- x A dancer
- x A ballerina
- x A dancing costume
- x Ballet
- x Hip hop
- x Folk dance
- x Latin dance > salsa, rumba, tango, ...



Darts

Darts (*fléchettes*) are thrown at a circular target (*cible*) (dartboard) fixed to a wall.



Diving

- x Diver (*plongeur*) > On the platform, divers stand on their feet, or their hands.
- x Diving pool platform > Divers jump from a "springboard", or a 10-metre-high platform.
- x Springboard (*tremplin/plongoir*)

Fencing

- x Fencers (*escrimeur*) > 2 fencers fight against each other.
- x Swords (*épées*) > Three types of sword are used: foil, épée and sabre.
- x A hit > You score a hit when the tip of your sword touches your opponent.
- x Mask (*masque*) > Fencers wear a mask to be protected.



Football/Soccer

- x Player (*joueur*) > Players can use any part of their body except their arms and hands to move the ball.
- x Goalkeeper (*gardien*) > Goalkeepers can use their hands.
- x Score (*marquer*)



Golf

- x Golfer/ player
- x Clubs > Golfers players use many types of clubs to hit balls.
- x Holes (*trous*) > They hit balls into a series of holes on a golf course.



Gymnastics

Artistic gymnastics:

- x Judges (*juges*) > Judges give scores
- x Gymnasts (*gymnastes*) > The gymnast compete on different apparatus (*agrès*): pommel-horse (*cheval d'arçon*); parallel bars/uneven bars (*barres asymétriques*); balance beam (*poutre*); vault (*saut de cheval*)



Trampoline

Rhythmic: This is a women-only event. Gymnasts perform on a floor area (*sol*) with a rope (*corde*), hoop (*cerceau*), ball (*balle*), clubs (*massues*) or ribbon (*ruban*) accompanied by music.

Handball

There are two teams of seven players, and each match is divided into two halves of 30 minutes.

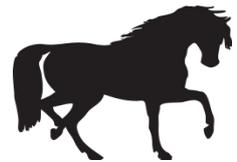
Hockey/ Ice hockey

- x Gear (*équipement*)
- x Stick (*bâton*) > Every player has a hooked stick.
- x Goalkeeper (*gardien*) > Only the goalkeeper can touch the ball with their hands or feet.



Horse-riding

- x A riding cap (*bombé*)
- x A rider (*cavalier*) > The rider guides the horse.



Judo

- x Bout (*combat*) > Each judo bout lasts five minutes.
- x Judoka
- x Judogi (*kimono*) > Judo uniforms are called judogis.
- x Tatami mat > Judokas fight on tatami mat.

Marathon

- x Race (*course*) > The marathon is a road race over 40 kilometers.
- x Finish line (*ligne d'arrivée*) > At the end, runners cross the finish line.
- x Running shoes (*chaussures de course*)



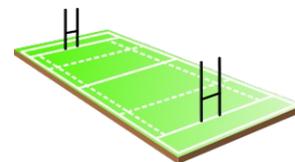
Rowing

- x Rowers (*rameur*) > The rowers race as individuals or in crew.
- x Oars (*rame, aviron*) > The rowers use the oars to push the boat through the water

Rugby

the opposite team (*les adversaires*)
a (forward) pass (*une passe(en avant)*)
a knock-on (*en-avant*)
a try (*essai*)
a conversion (*transformation*)
a drop goal (*drop*)
an up and under (*chandelle*)
a scrum (*mêlée*)
kick-off (*coup d'envoi*)

a tackle (*plaquage*)
forwards (*avants*)
full back (*arrière*)
three quarters (*trois quarts*)
fly-half (*demi d'ouverture*)
props (*piliers*)
flanker (*troisième ligne*)
sustitutes (*remplaçants*)
half-time (*mi-temps*)



Sailing

x Competitors use the power of wind to move their boat.

Shooting

x Shooters > Shooters use three types of firearm (gun): a pistol (or handgun), a rifle or a shotgun. barrel, shotgun; pistol; rifle
x Shots (*coups*) > The shooters have to fire a fixed number of shots in a limited time
x Clay pidgeon > Sometimes a circular disc of clay ("clay pigeon") is thrown into the air by a machine called a "trap".
x Target (*cible*)

Ski

Snooker

x Table >The balls run on a table covered with a green cloth.
x Pockets >Pockets are situated in each of the four corners.
x Ball > You play with 22 snooker balls of different colours.
x Cue (*queue de billiard*)> It is played using a cue.



Synchronized swimming

Swimming

x Swimming cap (*bonnet de natation*)
x Goggles (*lunettes de natation*)
x Swimsuit, tracks (*maillot femme, homme*)
x Lane (*couloir*)> Each swimmer must stay in his lane.
x Strokes (*style de nages*)> Swimmers can use: crawl or freestyle, breaststroke, butterfly and backstroke.

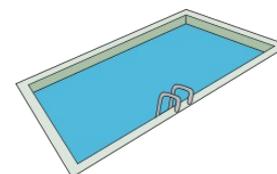


Table tennis

x Table > Table tennis is played on a rectangular table.
x Ball > The players hit the ball with rackets made of wood covered with rubber.



Taekwondo

x Head protectors/Body protectors
x Protective pads > The contestants have to wear protective pads.

Tennis

- x Tennis racket (*raquette*) > Players use a racket to hit a ball
- x Tennis ball
- x Serve (*servir*)
- x Forehand (*coup droit*)
- x Backhand (*revers*)
- x Games and sets (*jeux et sets*) > A match consists of 'games' and 'sets'. A set is a group of games.
- x Umpire (*arbitre/arbitrer*)



Triathlon

The triathlon is a very hard sport. The athletes swim 1,500 metres, then ride their bikes for 40 kilometres before finishing with a 10 kilometre run.

Volleyball and Beach volleyball

- x Net (*filet*) > Volleyball and beach volleyball are played on a court with a net.
- x Sand (*sable*) > Beach volleyball is played outdoors. The court is covered in sand.

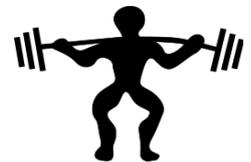


Waterpolo

- x Ear guards
- x Cap
- x Sides (*côtés*) > Players must not touch the sides or bottom of the pool.
- x Match > A match lasts eight minutes.

Weightlifting

- x Weight (*poids*) > The athletes have to lift a heavy weight.
- x Gloves
- x Belt



Wrestling

- x Wrestling suit
- x Wrestler (*lutteur*) > A wrestler has to hold his opponent's shoulders to the mat.

Examples of extreme sports \neq regular sports

People who like adrenaline adventures are called **thrill seekers** or **adrenalin junkies**. They like to push themselves, to test themselves, against the elements, water and air.

Do you think they are intrepid, courageous and/or eccentric?

Aerobatics (*acrobaties aériennes*)

Autoracing (*course automobile*)

BMX biking

Bungee jumping (*saut à l'élastique*)

Canyoning

Caving (*spéléologie*)

Freestyle scootering (*trotinette freestyle*)

Hang gliding (*deltaplane*)

Kitesurfing



Parachuting - skydiving

Paragliding (*parapente*)

Parkour

Rock climbing (*escalade*)

Skateboarding

Surfing

White-water rafting (*rafting*)

Windsurfing (*planche à voile*)

